



Join Our Professional Certificate in Sex Education (3rd Intake) Thurs 6 Mar - 7 Aug 2025

45 CE points issued by Eros Coaching. Recognised by the American Association of Sexuality Educators, Counselors, and Therapists (AASECT)

Are you a healthcare or counseling professional looking to expand your knowledge and expertise in the field of sexology? Join Relationship Counselor and Clinical Sexologist Dr. Martha Tara Lee for a 12-session course that will take your skills to the next level. This professional-level virtual training is designed for individuals with a strong interest in human sexuality and promoting sexual health and wellness. Each session alternates weekly between virtual classes and triad practice sessions, where you'll work with 2-3 coursemates to apply your learning. 🌐👥

Throughout the 12 sessions, you'll explore a wide range of topics, including the history and evolution of sexology, human sexual anatomy and physiology, gender identity and sexual orientation, strategies for promoting sexual health and wellness, effective communication skills, consent and boundaries, diverse expressions of sexuality, sexually transmitted infections and contraception, couples therapy and sex therapy, sexuality across the lifespan, cultural competence in sexology, and ethics and professionalism in the field. 💡

🌟 **Enhance Your Expertise in Sexology:** Dive deep into the fascinating world of human sexuality with Relationship Counselor and Clinical Sexologist, Dr. Martha Tara Lee, in this 12-session virtual course! 🌐👥

🌈 **A Comprehensive Learning Journey:** Explore a wide range of topics including human sexual anatomy, gender identity, communication skills, sexual health strategies, and more! Each session combines theory, practice, and real-world applications and is designed to boost your skills and confidence in addressing sexual health and wellness concerns. ✨

📖 **Engaging Learning Experience:** Participate in interactive online discussions and assignments to gain insights from fellow professionals. Dr. Lee's engaging coursework will challenge you to reflect and grow personally and professionally. 🧠

🔍 **Course Enrollment Criteria:** Bachelor's degree preferred, along with relevant work experience, good communication skills, and a commitment to ethical practice. 🌟📚

🌟 **Transform Your Practice and Enrich Your Client's Lives:** Don't miss this opportunity to enhance your skills and make a real difference in the lives of your clients.

🌟 Don't miss this transformative opportunity to supplement your knowledge base and take your skills to the next level. Sign up for Dr. Martha Tara Lee's 12-session course today!

This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for 45 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification. Completion of this program does not ensure or guarantee AASECT certification. For further information please contact info@aasect.org.

Course Enrollment Criteria:

1. Preferably hold a Bachelor's degree in related fields such as psychology, sociology, or healthcare. 📚
2. Preferred relevant work experience in healthcare or counseling settings. 🏥
3. Demonstrate a strong interest in human sexuality and promoting sexual health and wellness. ❤️
4. Possess good communication skills and the ability to engage with diverse populations. 🗣️
5. Commitment to ethical and professional practice in sexology. 🧡
6. Willingness to engage in self-reflection and personal growth throughout the course. 🌱
7. Access to a reliable internet connection and computer for online coursework. 💻
8. Availability to commit to 12 weeks of coursework, including online discussions and assignments. 📅
9. Weekly home assignments to be submitted as part of a group triad (additional 1 hour per week). 📝

- 👉 Course Fee: S\$4,000 (Installments available)
- 👉 Early Bird: S\$3,600 (paid in full before 31 Jan 2025)
- 👉 Super Early Bird: S\$2,600 (paid in full before 31 Dec 2024)
- 👉 A non-refundable deposit of S\$400.00 secures your place.

📅 Session Dates:

- Week 1: Thurs 6 Mar 2025
- Week 2: Thurs 20 Mar 2025
- Week 3: Thurs 3 Apr 2025
- Week 4: Thurs 17 Apr 2025
- Week 5: Wed 30 April 2025
- Week 6: Thurs 15 May 2025
- Week 7: Thurs 29 May 2025
- Week 8: Thurs 12 Jun 2025
- Week 9: Thurs 26 Jun 2025
- Week 10: Thurs 10 Jul 2025
- Week 11: Thurs 24 Jul 2025
- Week 12: Thurs 7 Aug 2025

📅 **Start Date:** Thurs 6 March 2025

🕒 **Time:** 7 p.m. to 10 p.m. SGT

💻 **Platform:** Zoom



Register here <https://www.eroscoaching.com/events>



Program Structure:

Session 1: Introduction to Sexology (Thurs 6 Mar 2025):

This week covers the history and evolution of sexology, theories of human sexuality, and the role of sexologists in society. Students will gain a foundational understanding of the field and its importance in promoting sexual health and wellness. 📖

Session 2: Human Sexual Anatomy and Physiology (Thurs 20 Mar 2025):

This week covers the biological foundations of human sexuality, including reproductive anatomy, physiology, and sexual response. Students will learn about the physical aspects of sexual health and wellness. 🧬

Session 3: Gender Identity, Expression, and Sexual Orientation (Thurs 3 Apr 2025):

This week covers the social and cultural aspects of gender identity, expression, and sexual orientation, including LGBTQ+ issues. Students will gain an understanding of the diversity of human sexuality. 🌍

Session 4: Sexual Health and Wellness (Thurs 17 Apr 2025): This week covers strategies for promoting sexual health and wellness, including sexual pleasure enhancement techniques. Students will learn about ways to enhance their own sexual experiences as well as those of their clients. 🍷

Session 5: Communication Skills in Sexology (Wed 30 April 2025):

This week covers effective communication skills for sexologists, including active listening, empathy, and nonverbal communication. Students will learn how to communicate effectively with clients to promote sexual health and wellness. 🗣️ Instead of meeting on Thurs 1 May, which is a Public Holiday

Session 6: Consent, Boundaries, and Sexual Trauma (Thurs 15 May 2025):

This week covers issues related to consent, boundaries, and sexual trauma, including sexual exploitation and abuse. Students will learn how to recognize and respond to these issues in their work. 🚫

Session 7: Sexual Fantasies, Kinks, and Pornography (Thurs 29 May 2025):

This week covers diverse expressions of sexuality, including sexual fantasies, kinks, pornography, and cybersex. Students will gain an understanding of these topics and how they relate to sexual health and wellness. 🎭

Session 8: Sexually Transmitted Infections (STIs) and Contraception (Thurs 12 Jun 2025):

This week covers the prevention, diagnosis, and treatment of STIs, as well as contraception options. Students will learn about the importance of safe sex practices and how to promote them. 🩺

Session 9: Infertility, Assisted Reproductive Technologies, and Sexual Identity Development (Thurs 26 Jun 2025):

This week covers issues related to infertility, assisted reproductive technologies, and sexual identity development. Students will learn about these topics and how they relate to sexual health and wellness. 🧬

Session 10: Couples Therapy and Sex Therapy (Thurs 10 Jul 2025):

This week covers the principles and techniques of couples therapy and sex therapy, including assessment, treatment planning, and intervention. Students will gain an understanding of how to work with couples to promote sexual health and wellness. 🏡

Session 11: Sexuality and Aging, Disability, and Alternative Sexualities and Relationships (Thurs 24 Jul 2025):

This week covers issues related to sexuality across the lifespan, including aging, disability, and alternative sexualities and relationships. Students will learn about these topics and how they relate to sexual health and wellness. 🧓

Session 12: Cultural Competence in Sexology and Ethics and Professionalism in Sexology (Thurs 7 Aug 2025):

This week covers ethical and professional issues in sexology, including cultural competence, confidentiality, and boundary management. Students will learn about the importance of ethical practice in promoting sexual health and wellness. ⚖️

Unique Features of this Program:

1. Entirely Virtual 🌐
2. Opportunities to Work with Dr. Martha Tara Lee 👤
3. Blend of East and West Perspectives 🌍
4. Unique Asian Perspective and Context 🌏
5. Client Case Studies Discussion 📄
6. Weekly Q&A Sessions ?
7. Role Play in Triads 🎭
8. Bonus Access to Previous Virtual Recordings 📺
9. Consolidated Experience Since 2009 📅
10. Training Recordings Provided 📁

Register here <https://www.eroscoaching.com/events>

Led by Dr. Martha Tara Lee

Dr. Martha Tara Lee is a renowned Relationship Counselor and Clinical Sexologist with over 14 years of experience in the field. She holds a Doctorate in Human Sexuality and is a certified sexuality educator and counselor. Dr. Lee is passionate about empowering individuals and couples to have fulfilling relationships and satisfying sexual lives. She has been featured in various media outlets and has conducted numerous workshops and training programs internationally.

