



# Sydney Tour:

Dr Martha Tara Lee returns in March!

Join Dr. Martha Tara Lee on her Sydney tour this March 2024! With three workshops over three days, there's something for everyone. Whether you're new to exploring your sexuality or have more experience, Dr. Lee's workshops are open to people of all gender identities and sexual orientations.

## Workshops:



Fri 1 Mar 2024 | 6:30 - 9p.m.

### **Orgasmic Yoga**

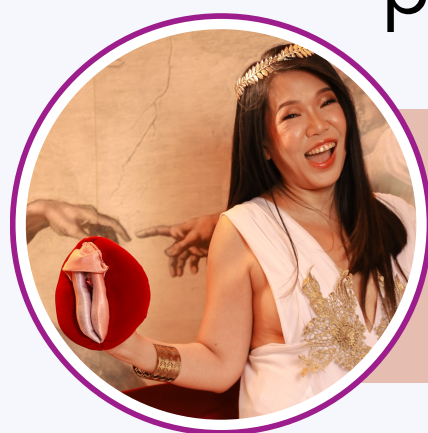
Dr Martha will demonstrate and guide you to embody the deliberate use of the following elements (pelvic floor squeezes, breath, movement, sound, touch and intention) into your self-pleasure practice. The workshop will end with each participant self-pleasuring on their own mats for 30 minutes and ending with 'The Big Draw' culmination exercise.



Sat 2 March 2024 | 9a.m. - 5p.m.

### **Penis Pleasure**

Unlock the secrets of the penis and take your pleasure to the next level with Dr Martha Tara Lee, Relationship Counselor and Clinical Sexologist of Eros Coaching. This full-day workshop is open to individuals and couples of all sexual orientations and gender identities, including penis-owners who want to learn more about their anatomy and those who want to pleasure them.



Sun 3 March 2024 | 9a.m. - 5p.m.

### **Vulva Bliss**

In this workshop, Relationship Counselor and Clinical Sexologist Dr Martha Tara Lee will help you to understand the vulva and the vagina better (and how to give pleasure with touch), regardless of your gender or sexual orientation. You will feel more comfortable with this part of the body and more in tune with your own needs or that of your partner.

Sign up at [www.ErosCoaching.com/Events](http://www.ErosCoaching.com/Events)