



# Professional Certificate in Sexuality Education (2nd intake!)

**30 CE points issued by Eros Coaching. Recognised by the American Association of Sexuality Educators, Counselors, and Therapists (AASECT)**

Are you a healthcare or counseling professional looking to expand your knowledge and expertise in the field of sexology? Join Relationship Counselor and Clinical Sexologist Dr. Martha Tara Lee for a 12-week course that will take your skills to the next level.

This professional-level virtual training is designed for individuals with a strong interest in human sexuality and promoting sexual health and wellness. Criteria for joining the course include a Bachelor's degree in a related field, relevant work experience, good communication skills, and a commitment to ethical and professional practice.

Throughout the 12 weeks of coursework, you'll explore topics such as the history and evolution of sexology, human sexual anatomy and physiology, gender identity and sexual orientation, strategies for promoting sexual health and wellness, effective communication skills, consent and boundaries, diverse expressions of sexuality, sexually transmitted infections and contraception, couples therapy and sex therapy, sexuality across the lifespan, cultural competence in sexology, and ethics and professionalism.

Dr. Lee's engaging and interactive online coursework will challenge you to engage in self-reflection and personal growth as you gain a comprehensive understanding of sexology. You'll also have the opportunity to participate in online discussions and assignments with other professionals in the field.

This will be our 2nd intake due to popular request.

Don't miss out on this transformative opportunity to supplement your knowledge base and take your skills to the next level. Sign up for Dr. Martha Tara Lee's 12-week course today!

## Criteria for joining the course include:

1. Provide a personal statement outlining their interest in the field and their goals for completing the course.
2. A Bachelor's degree in a related field such as psychology, sociology, or healthcare is preferred.
3. Relevant work experience in a healthcare or counseling setting is preferred.
4. A strong interest in human sexuality and promoting sexual health and wellness.
5. Good communication skills and the ability to work with diverse populations.
6. A commitment to ethical and professional practice in the field of sexology.
7. Willingness to engage in self-reflection and personal growth throughout the course.
8. Access to a reliable internet connection and computer for online coursework.
9. Availability to commit to 12 weeks of coursework and participation in online discussions and assignments.

## Steps

1. Complete this [online form](#).
2. Wait for confirmation on virtual interview with Dr Martha Tara Lee.
3. Make online payment below.

## Dates:

Week 1: Sun 24 Mar 2024  
Week 2: Sun 31 Mar 2024  
Week 3: Sun 7 Apr 2024  
Week 4: Sun 14 Apr 2024  
Week 5: Sun 21 Apr 2024  
Week 6: Sun 28 Apr 2024  
Week 7: Sun 5 May 2024  
Week 8: Sun 12 May 2024  
Week 9: Sun 19 May 2024  
Week 10: Sun 26 May 2024  
Week 11: Sun 2 June 2024  
Week 12: Sun 9 June 2024

**Time:** 9 to 12 p.m. Singapore time

**Platform:** Zoom

**Course Fee:**

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S\$4,000 (Installment possible)

Early Bird: S\$3,600 (paid in full before 31 Jan 2024)

Super Early Bird: S\$2,600 (paid in full before 31 Dec 2023)



**Register here, <https://www.eroscoaching.com/events>**



## Programs

### **Week 1: Introduction to Sexology**

This week covers the history and evolution of sexology, theories of human sexuality, and the role of sexologists in society. Students will gain a foundational understanding of the field and its importance in promoting sexual health and wellness.

### **Week 2: Human Sexual Anatomy and Physiology**

This week covers the biological foundations of human sexuality, including reproductive anatomy, physiology, and sexual response. Students will learn about the physical aspects of sexual health and wellness.

### **Week 3: Gender Identity, Expression, and Sexual Orientation**

This week covers the social and cultural aspects of gender identity, expression, and sexual orientation, including LGBTQ+ issues. Students will gain an understanding of the diversity of human sexuality.

### **Week 4: Sexual Health and Wellness**

This week covers strategies for promoting sexual health and wellness, including sexual pleasure enhancement techniques. Students will learn about ways to enhance their own sexual experiences as well as those of their clients.

### **Week 5: Communication Skills in Sexology**

This week covers effective communication skills for sexologists, including active listening, empathy, and nonverbal communication. Students will learn how to communicate effectively with clients to promote sexual health and wellness.

### **Week 6: Consent, Boundaries, and Sexual Trauma**

This week covers issues related to consent, boundaries, and sexual trauma, including sexual exploitation and abuse. Students will learn how to recognize and respond to these issues in their work.

### **Week 7: Sexual Fantasies, Kinks, and Pornography**

This week covers diverse expressions of sexuality, including sexual fantasies, kinks, pornography, and cybersex. Students will gain an understanding of these topics and how they relate to sexual health and wellness.

### **Week 8: Sexually Transmitted Infections (STIs) and Contraception**

This week covers the prevention, diagnosis, and treatment of STIs, as well as contraception options. Students will learn about the importance of safe sex practices and how to promote them.

### **Week 9: Infertility, Assisted Reproductive Technologies, and Sexual Identity Development**

This week covers issues related to infertility, assisted reproductive technologies, and sexual identity development. Students will learn about these topics and how they relate to sexual health and wellness.

### **Week 10: Couples Therapy and Sex Therapy**

This week covers the principles and techniques of couples therapy and sex therapy, including assessment, treatment planning, and intervention. Students will gain an understanding of how to work with couples to promote sexual health and wellness.

### **Week 11: Sexuality and Aging, Disability, and Alternative Sexualities and Relationships**

This week covers issues related to sexuality across the lifespan, including aging, disability, and alternative sexualities and relationships. Students will learn about these topics and how they relate to sexual health and wellness.

### **Week 12: Cultural Competence in Sexology and Ethics and Professionalism in Sexology**

This week covers ethical and professional issues in sexology, including cultural competence, confidentiality, and boundary management. Students will learn about the importance of ethical practice in promoting sexual health and wellness.

## Facilitated by Dr. Martha Tara Lee

Dr. Martha Tara Lee has been a passionate advocate for positive sexuality since 2007. With a Doctorate in Human Sexuality and a Masters in Counseling, she launched Eros Coaching in 2009 to help individuals and couples lead self-actualised and pleasurable lives. Her expertise includes working with couples who have unconsummated marriage, individuals with sexual inhibitions and discrepancies in sexual desire, men with erection and ejaculation concerns, and members of the LGBTQIA+ and kink communities.

Dr. Lee welcomes all sexual orientations and is available for online and face-to-face consultations. Martha speaks English and Mandarin.

