



Professional Certificate in Sexuality Education

August 10 – November 16, 2023

Are you a healthcare or counseling professional looking to expand your knowledge and expertise in the field of sexology? Join Relationship Counselor and Clinical Sexologist Dr. Martha Tara Lee for a 12-week course that will take your skills to the next level.

This professional-level training is designed for individuals with a strong interest in human sexuality and promoting sexual health and wellness. Criteria for joining the course include a Bachelor's degree in a related field, relevant work experience, good communication skills, and a commitment to ethical and professional practice.

Throughout the 12 weeks of coursework, you'll explore topics such as the history and evolution of sexology, human sexual anatomy and physiology, gender identity and sexual orientation, strategies for promoting sexual health and wellness, effective communication skills, consent and boundaries, diverse expressions of sexuality, sexually transmitted infections and contraception, couples therapy and sex therapy, sexuality across the lifespan, cultural competence in sexology, and ethics and professionalism.

Dr. Lee's engaging and interactive online coursework will challenge you to engage in self-reflection and personal growth as you gain a comprehensive understanding of sexology. You'll also have the opportunity to participate in online discussions and assignments with other professionals in the field.

Don't miss out on this transformative opportunity to supplement your knowledge base and take your skills to the next level. Sign up for Dr. Martha Tara Lee's 12-week course today!

This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for 36 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification. Completion of this program does not ensure or guarantee AASECT certification. For further information please contact info@aasect.org.

Criteria for joining the course include:

1. Provide a personal statement outlining their interest in the field and their goals for completing the course.
2. A Bachelor's degree in a related field such as psychology, sociology, or healthcare is preferred.
3. Relevant work experience in a healthcare or counseling setting is preferred.
4. A strong interest in human sexuality and promoting sexual health and wellness.
5. Good communication skills and the ability to work with diverse populations.
6. A commitment to ethical and professional practice in the field of sexology.
7. Willingness to engage in self-reflection and personal growth throughout the course.
8. Access to a reliable internet connection and computer for online coursework.
9. Availability to commit to 12 weeks of coursework and participation in online discussions and assignments.



Course Structure:

Week 1: Introduction to Sexology

- Definition and scope of Sexology
- Historical and cultural perspectives on Sexuality
- Key concepts and terminology in Sexology

Week 2: Human Sexual Anatomy and Physiology

- Reproductive anatomy
- Sexual response cycle and physiological processes of sexual arousal, orgasm, and resolution
- Hormones and their role in sexual development and function

Week 3: Gender Identity, Expression, and Sexual Orientation

- Understanding gender identity, expression, and sexual orientation
- The impact of societal norms on gender identity, expression, and sexual orientation
- Techniques for working with clients exploring their gender identity, expression, or sexual orientation

Week 4: Sexual Health and Wellness

- The importance of sexual health and wellness
- Techniques for promoting sexual health and wellness in clients

Week 5: Communication Skills in Sexology

- Effective communication skills for working with clients in sexology
- Techniques for addressing communication barriers in sex therapy

Week 6: Consent, Boundaries, and Sexual Trauma

- Understanding the importance of consent in sexual activity
- Techniques for addressing boundary violations in sex therapy
- The impact of sexual trauma on sexuality
- Techniques for providing trauma-informed care in sexology

Week 7: Sexual Fantasies, Kinks, and Pornography

- Understanding sexual fantasies and kinks
- The impact of pornography on sexuality
- Techniques for working with clients exploring their sexual fantasies, kinks or pornography use in therapy

Week 8: Sexually Transmitted Infections (STIs) and Contraception

- Common STIs, their symptoms, and treatment options
- Common contraception methods and their effectiveness
- Techniques for addressing STIs and contraception in therapy

Week 9: Infertility, Assisted Reproductive

- Technologies, and Sexual Identity Development
- Understanding infertility and its impact on sexuality
- Techniques for addressing infertility and assisted reproductive technologies in therapy
- Understanding sexual identity development
- Techniques for working with clients exploring their sexual identity

Week 10: Couples Therapy and Sex Therapy

- Techniques for working with couples in therapy
- Techniques for incorporating sex therapy into couples therapy

Week 11: Sexuality and Aging, Disability, and Alternative Sexualities and Relationships

- The impact of aging on sexuality
- The impact of disability on sexuality
- Understanding alternative sexualities and relationships
- Techniques for addressing sexual issues in older adults, clients with disabilities, or those exploring non-traditional sexualities or relationships

Week 12: Cultural Competence in Sexology and Ethics and Professionalism in Sexology

- Understanding cultural competence in sexology
- Techniques for providing culturally sensitive care in sex therapy
- Ethical considerations in sexology
- Professionalism and boundaries in sex therapy
- Business skills for sexologists, including marketing, billing, and legal considerations

Week 13: Exam Week

- 1 Multi-Choice Question Qui
- 1 Role-Play
- 1 Written Assessment



Price

Course Fee: S\$3,000

Early Bird: S\$2,600 (paid in full before 10 July 2023)

Supplementary Online Training

Access to all of Dr Martha Lee's online training programs: Ready, Get Sex, Go; Sex Possible, Sex Jumpstart; Fight Fair; Sex Talk Solution; Orgasmic Yoga etc.

Enrolment Process

The enrolment process includes a Zoom meeting with Martha. To be part of this important training, please send your completed enrolment form, along with 3 possible dates and times for a Zoom meeting, to: drmarthalee@eroscoaching.com.

Refund Policy

There is a non-refundable administration fee of S\$300 Singapore dollars, which secures your place in the training.

If you decide you cannot participate in the training before August 10, you will be refunded your money minus the non-refundable deposit of \$300. There is no refund if you withdraw after the training commences on August 10, 2023.

Facilitated By Dr Martha Lee

Dr. Martha Tara Lee has been a passionate advocate for positive sexuality since 2007. With a Doctorate in Human Sexuality and a Masters in Counseling, she launched Eros Coaching in 2009 to help individuals and couples lead self-actualised and pleasurable lives. Her expertise includes working with couples who have unconsummated marriage, individuals with sexual inhibitions and discrepancies in sexual desire, men with erection and ejaculation concerns, and members of the LGBTQIA+ and kink communities. Dr. Lee welcomes all sexual orientations and is available for online and face-to-face consultations. Martha speaks English and Mandarin.

For more about Martha and her work, please click here:

<https://www.eroscoaching.com/profile/>

Eros Coaching is a registered AASECT continuing education provider. Details in the Appendix.

Martha welcomes people of all genders, sexualities, cultural backgrounds and relationship choices in her work.



Appendix

Eros Coaching is an AASECT CE Provider (Organizational Provider). Eros Coaching will be able to issue 1 CE point for each hour of training.

More On AASECT CE Provider

An AASECT CE Provider is an individual or organization, approved by AASECT and committed to providing education that meets AASECT standards for helping individuals earn or maintain AASECT Certification.

Types Of AASECT CE Providers

1. Individual Provider – An Individual Provider must be an AASECT Certified Member and must present at least 80% of the training of each event. (Note: if presenting training with a partner who is presenting more than 20% of the total material the Provider must apply to be an Organizational Provider.)
2. Organizational Provider I – An individual, group of individuals, private training center, school, accredited university/college, or other organization. Organizational Providers must have an AASECT Certified Member overseeing the planning of all training. The Organizational Provider I offers 40 or fewer AASECT CE credits per year and uses more than one expert to deliver the training.
3. Organizational Provider II – An individual, group of individuals, private training center, school, accredited university/college, or other organization. Organizational Providers must have an AASECT Certified Member overseeing the planning of all training. The Organizational Provider II offers more than 40 AASECT CE credits per year and uses more than one expert to deliver the training.

When calculating CE credits, please use the following information:

- 60 minutes = 1 CE credit; 90 minutes = 1.5 CE credits.
 - Each credit hour must have one learning objective
 - Increments of, 15 or 45 minutes are not permitted for 0.25 or 0.75 credits. For example, a segment scheduled for 1 hour 15 minutes will count as 1 credit; a segment scheduled for 1 hour 45 minutes will count as 1.5 credits.

For More Information

<https://www.aasect.org/sites/default/files/documents/AASECT%20CE%20Provider%20Expectations.pdf>